The background of the slide is a light gray gradient with several realistic water droplets of various sizes scattered across it, primarily concentrated in the top-left and bottom-right corners.

Endometriosis , Tumor Marke & Ovarian Cancer

Atefeh Gorgin. Md

Fellowship In Advanced Laparoscopic Surgery

ENDOMETRIOSIS AND CANCER

- Endometriosis is a common disease affecting 10 to 15% of women of reproductive age.
- Endometriosis is a complex disease, and is an estrogen-dependent disease, its origin remains unclear.
- Ovarian endometriosis is one of the leading causes of female infertility and is a known risk factor for the development of ovarian cancer. An association between endometriosis and cancer was reported as early as the 1920s in english publications.
- Ectopic endometrium undergoes malignant transformation with a frequency similar to its eutopic counterpart
- Ovarian cancer is the second most lethal gynecological malignancy
- Many reports clearly reveal that not all types and not all cases of endometriosis transform to malignancy.

ENDOMETRIOSIS AND CANCER

- Increased **risk of ovarian cancers** in women with endometriosis varying between **1.3** and **1.9**.
- The tumour biomarker **ca125** has been used as the primary ovarian cancer marker for the past four decades.
- Endometriosis :A precursor of ovarian cancer, especially **Clear Cell Carcinoma (OCCC)** and **Endometrial Carcinoma**
- Association to **the endometrioid** and **clear-cell** histologic types of ovarian cancer, are categorized as **endometriosis-associated ovarian cancers (eaoc)**.
- Evidence for an association with **melanoma** and **non-hodgkin lymphoma** has been reported but needs to be verified, whereas an increased risk for other gynecologic cancer types is not supported.

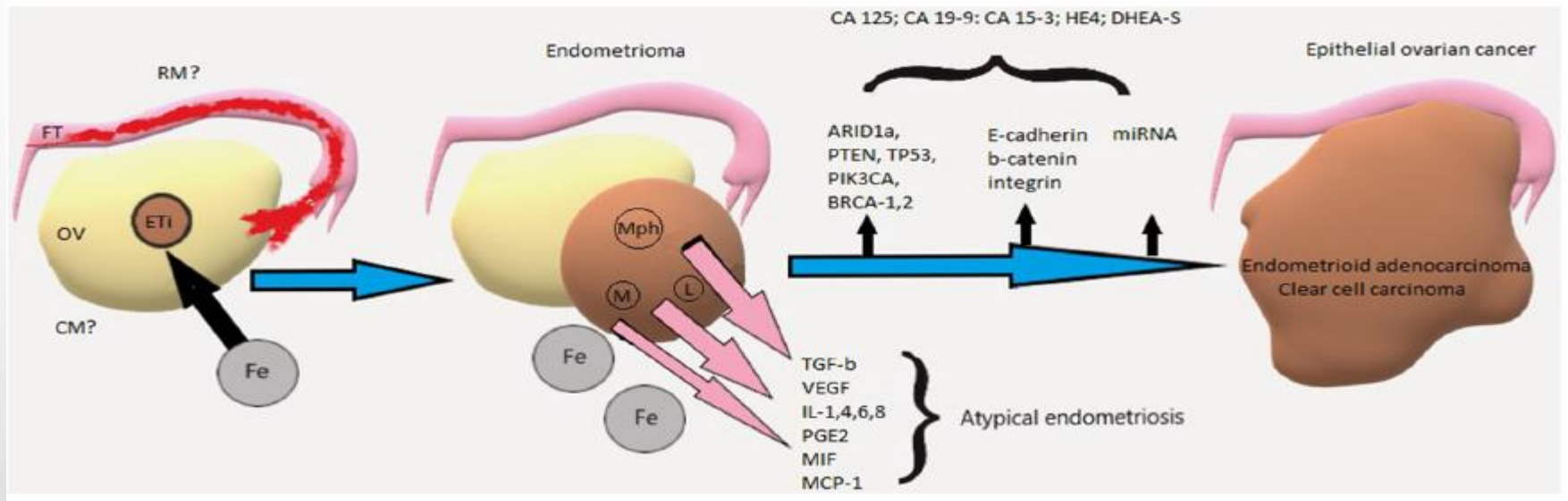


REVIEW

Malignant Transformation and Associated Biomarkers of Ovarian Endometriosis: A Narrative Review

- Despite intensive research extending even to the molecular level, the origin, natural history, malignant transformation, and laboratory management of endometriosis and related diseases are **not yet clearly defined**.
- **Early laboratory diagnoses** of endometriosis, its atypical form, and **endometriosis-associated ovarian tumors** are important problems.

Many biomarkers have been investigated that are based on molecular pathways from cell surface and nuclear macromolecules



Some serum biomarkers are **elevated in the case of endometriosis** while subsequent histological examination shows benign-looking endometriotic glands and stroma.

It is justifiable to conjecture that there is a developmental time lag between cell atypia and tissue atypical changes.

Subtle **histological changes in endometriosis epithelial cells** that precede **atypical transformation** but **without any correlation between atypical changes and biomarker investigations**

Ca-125:

- Cancer antigen-125 (ca-125) is a traditional biomarker that originates from the coelomic epithelia of the uterus, fallopian tubes, and ovaries in the pelvic cavity .
- This biomarker has been associated with ovarian epithelial cancers and found to be elevated in greater than 80% of ovarian epithelial tumors .
- A positive association between advanced stages of endometriosis and elevated ca-125 in the peritoneal fluid has been reported .
- Ca-125 levels > 30u/ml can be used as rule-in criteria for diagnosis .
- It is uncommon for ca-125 to reach above 100u/ml in women with endometriosis ,but can be elevated as high as 10,000u/ml in cases of endometrioma rupture or when the omentum is involved .
- Ca125 has played an important role in the screening, treatment, and follow-up phases of ovarian cancer management.
- Ca125, human epididymis protein 4 (He4) is the most promising tumour biomarker for ovarian cancer. the two biomarkers have similar sensitivities.
- He4 measurements exhibit a significantly cancer higher specificity than ca-125 (93% vs. 78%)
- Ca125, ca72-4, ca15-3, and macrophage colony-stimulating factor (m-csf) values were used as input for ann. the ann was found to be superior to ca125 alone for detecting invasive early-stage ovarian
- Ca125 is still superior to the majority of novel biomarkers in postmenopausal women, including He4

RESEARCH

Open Access

Significance of HE4 estimation in comparison with CA125 in diagnosis of ovarian cancer and assessment of treatment response

Elham O Hamed^{1*}, Hydi Ahmed¹, Osama B Sedeek², Abeer M Mohammed¹, Ali A Abd-Alla² and Hazem M Abdel Ghaffar³

- Human epididymis protein 4 (**He4**) is a novel and **specific biomarker for ovarian cancer** concentrations were significantly higher in the ovarian cancer patients ($p = 0.001$) **serum He4** and **Ca125** ($p < 0.001$ respectively).
- He4 demonstrated comparable diagnostic performances to ca125 as a tumor marker for detecting ovarian cancer.
- **He4** was more **sensitive** in detecting **early stages of ovarian cancer** and **more specific**.
- He4 improves the utility of Ca125 as a tumor marker in ovarian cancer, and using both markers simultaneously increases the tumor marker sensitivity.
- The use of this **combination** might enable to improve detection of ovarian cancer as compared with use of either marker alone for the discrimination of benign from malignant ovarian lesions.

ATYPICAL ENDOMETRIOSIS

- Atypical endometriosis was first described by czernobilsky and morris in 1979.
- **repetitive damage and inflammation** in ectopic endometrial foci result in the development of atypical endometriosis and eventually into endometriosis associated ovarian neoplasms.
- **Atypical endometriosis was found in 36% of occc & in 23% of endometrial associated adenocarcinoma** with direct progression into eaoc,
- progression of atypical endometriosis into eaoc **is similar to that of atypical endometrial hyperplasia**, thus demonstrating its function as premalignant marker .
- **Occc and eaoc** of the ovary are **two of the most common malignant neoplasia associated with endometriosis**.
- **Occc** is the **second most common type of ovarian cancer** in the world

Mecanism:

- Atypical epithelial cells arise from **previous endometriotic lesions** in the ovary prior to progressing into cancer.
- Non-cystic ectopic endometrial implants** generate fibroadenomas, which develop atypical cells that develop into occc
- **Eaoc** comprises **20% of all ovarian cacer** is the **most common form of malignancy related to endometriosis**
- There is a close association between atypical endometriosis lesions and eaoc.

- That ectopic endometrial implantation in the peritoneal cavity releases higher levels of **ca-125**, resulting in **levels above 100u/ml** .
- **The specificity** of Ca-125 levels is enhanced when evaluated in coordination with He-4 levels.
- khodaverdi et al noted that elevated ca-125 and normal He-4 can be indicative of endometrioma. Generally, **He-4 is elevated** in **malignancy** and has been shown to **be normal in the case of an endometrioma**
- **The combined use of ca-125 and He-4** may be key to effectively differentiating ovarian malignancies and endometriosis in the future.

RESEARCH

Open Access

Association between atypical endometriosis and ovarian malignancies in the real world



Kyeong A So^{1,2}, Sung Ran Hong^{3,4}, Nae Ri Kim¹, Eun Jung Yang¹, Seung-Hyuk Shim¹, Sun Joo Lee¹ and Tae Jin Kim^{1,2*}

- **Atypical endometriosis** is considered to have **premalignant potential**, is characterized by **dysplastic features with cellular atypia**, and is different from typical endometriosis.
- **Atypical endometriosis** represents a **transition from endometriosis to carcinoma** that may occur in the process of **endometriotic tissue undergoing chronic inflammation and oxidative stress**.
- **Atypical endometriosis** is most frequently associated with **clear cell carcinoma** and **endometrioid adenocarcinoma**.
- **To identify the risk of ovarian malignancy and manage patients with endometriosis**, diagnosing atypical endometriosis and recognizing its precancerous potential are important.
- **The large size of atypical endometriotic cyst** was associated ovarian malignancy ($p = 0.025$)
- It is not necessary for patients with endometriosis to be screened for cancer, if they are diagnosed with **atypical endometriosis**, **they should be counseled for the potential risk of progression to endometriosis-associated ovarian malignancy**

Clinical Use of Cancer Biomarkers in Epithelial Ovarian Cancer

Updated Guidelines From the European Group on Tumor Markers

• EUROPEAN GROUP ON TUMOR MARKERS STATEMENT

- Screening for ovarian cancer based on Ca125 is **not recommended** among **asymptomatic women** due to **lack of sensitivity** both **for stage i disease** and for **mucinous epithelial ovarian tumors**.
- Ca125 also lacks specificity, especially for **premenopausal women**.
- (LOE I, SOR B)

• EUROPEAN GROUP ON TUMOR MARKERS STATEMENT

- The **RMI** calculated either as RMI 1 or as RMI 2 is recommended for differential diagnosis of non-malignant and malignant pelvic masses in **postmenopausal women**.
- (LOE II-III, SOR B)

At present, **ca125** remains the most important biomarker for epithelial ovarian cancer, excluding **tumors of mucinous origin**.

- **EUROPEAN GROUP ON TUMOR MARKERS STATEMENT**

- A change in sequential measurements during primary treatment is recommended as **prognostic indicator** for **response to treatment**.
- **(LOE III/IV, SOR B)**

- **EGTM STATEMENT**

- **He4** measurements, either alone or in combinations with **ca125**, as in ROMA, may be considered for differential diagnosis of pelvic masses especially in **premenopausal patients**.
- **(LOE III, SOR B)**

- A ca125 is recommended for monitoring of primary therapy and post-therapy surveillance.
- A ca125 decrement is defined as at least a 50% reduction in ca125 levels from a pre-treatment sample.
- The decrement must be confirmed and maintained for at least 28 days.
- A ca125 decrement may also be defined by a 50% decrease over four measurements or a 75% decrease over three measurements.



Clinical Usefulness of Cancer Antigen (CA) 125, Human Epididymis 4, and CA72-4 Levels and Risk of Ovarian Malignancy Algorithm Values for Diagnosing Ovarian Tumors in Korean Patients With and Without Endometriosis

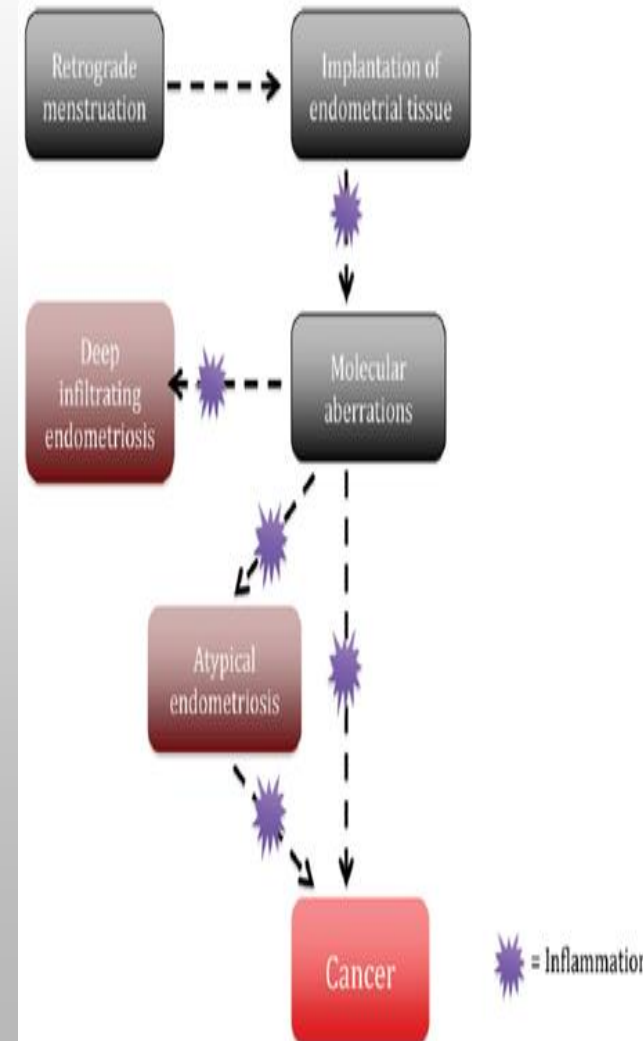
- Tumor markers are useful for detection
- **He4** levels and **ROMA** values were significantly higher in the malignant group than in the borderline group.
- **ROMA** value had the highest auc for distinguishing the malignant and borderline groups from the benign group in premenopausal (0.773) and postmenopausal (0.927) patients.
- **Ca125 level was significantly higher in patients with endometriosis** than in those without ($p < 0.001$), whereas He4 and Ca72-4 levels were not affected by endometriosis ($p = 0.128$ and 0.271 , respectively).
- **Conclusions:** **ROMA** value is the best marker to distinguish malignant and borderline tumors from benign tumors in pre- and postmenopausal patients.
- He4 and ca72-4 levels provide information on possible ca125 elevation due to endometriosis.

- **Ca125** showed the **highest sensitivity**, and **He4** showed **higher specificity** for diagnosing malignant tumor using the recommended cut-off in premenopausal and postmenopausal patients.
- The significantly higher specificity of He4 than that of ca125 indicates that He4 is less likely to be affected by factors other than the malignancy it self He4 showed better results than Ca125 for monitoring ovarian cancer.
- Numerous reports indicated that combining ca125 with other laboratory and imaging results significantly improved specificity
- He4 has been shown to be the most useful marker for differential diagnosis of ovarian cancer and endometriosis.
- ROMA value was the best marker to distinguish malignant and borderline tumors from benign tumors in both pre- and postmenopausal patients.
- **He4** and **Ca72-4** can be used in combination with ca125 to increase the diagnostic sensitivity in premenopausal patients.
- He4 and Ca72-4 provide information on the possibility of ca125 elevation by endometriosis.

Concomitant endometriosis in malignant and borderline ovarian tumours*

- **Ovarian endometriosis** is seen with **both malignant and borderline ovarian tumours**, the association being significant with **borderline tumours**.
- Epidemiologic data suggest that endometriosis has malignant potential.
- Endometriosis and ovarian cancer association does not seem to have a clinical implication.
- The findings of this study revealed that nearly **75% of endometriosis-associated ovarian tumours** were of **atypical endometriosis**.
- **Half of endometriosis associated ovarian tumour** cases were of **endometrioid/clear cell** histology and **70% were early stage**.
- Endometriosis was **significantly associated with borderline ovarian tumours** and the **endometriosis-associated malignant ovarian tumours** were mostly **early stage**.

- the observation that endometriosis is **a cancer precursor** has now been strengthened with the knowledge that **mutations** that are present in endometriosis-associated cancers can be found in adjacent endometriosis lesions.
- Recent genomic studies, placed in context, suggest that **deep infiltrating endometriosis** may represent a **benign neoplasm** that invades locally but **rarely metastasises**.





- A number of gynaecologic cancers of specific histotypes are thought to originate from endometriosis
- For those women who are having surgery for endometriomas close to menopause, unilateral salpingo-oophorectomy may be considered if the endometrioma cannot be completely removed by cystectomy as most cases of eaoc arise from endometriomas.
- Understanding the molecular biology of endometriosis will be the key to better treatments for endometriosis and guide future early detection and prevention strategies to further reduce the incidence and mortality of eaocs.

RESEARCH PAPER

 Check for updates

Endometriosis-associated ovarian cancer is a single entity with distinct clinicopathological characteristics

Qianwen Li^{*a}, Yue Sun ^{*b}, Xiang Zhang^b, Linping Wang^b, Wenling Wu^b, Meijing Wu^b, Chao Meng^b, and Guoyan Liu ^b

- The eaoc patients were often diagnosed at a younger age, an earlier stage, and related to nulliparity and infertility.
- Patients with eaoc had a better prognosis than non-eaoc, early stage rather than association with endometriosis may be the driver of survival.

Review

Endometriosis-associated Ovarian Clear Cell Carcinoma: A Special Entity?

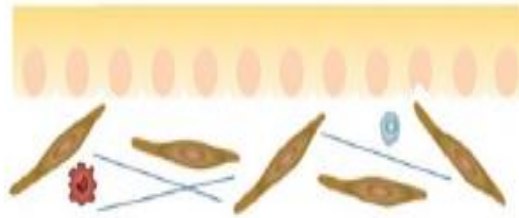
Yue Sun^{1,2} and Guoyan Liu^{1,2}✉

- Although micro-environmental factors such as **oxidative stress**, **immune cell dysfunction**, **inflammation**, **steroid hormones**, and **stem cells** required for **malignant transformation** have been found in **endometriosis**, **the exact carcinogenic mechanism remains unclear**.
- Recent research suggest that many putative driver genes and aberrant pathways including **arid1a** mutations, **pik3ca** mutations, **met activation**, **hnf-1 β activation**, and mirnas dysfunction, play crucial roles in the malignant transformation of endometriosis to occc.

The clinical features of occc are different from other histological types:

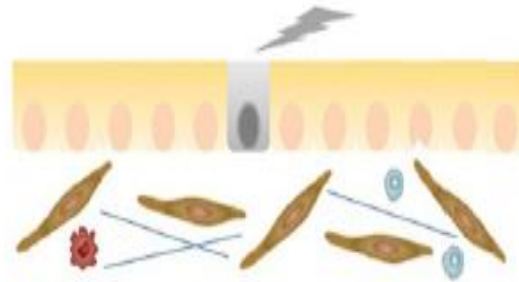
- **a large, unilateral pelvic mass**, **thromboembolic vascular complications**
- **easier to be resistant to chemotherapy**
- **worse prognosis**
- **difficult to treat**

Endometriosis



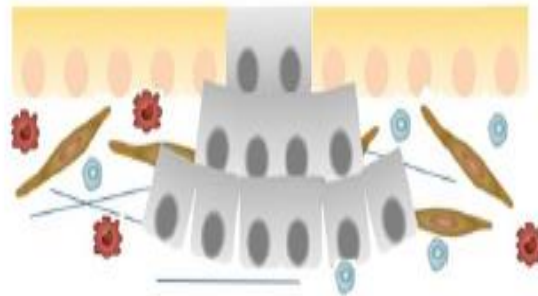
Steroid hormones
Oxidative stress
Inflammation

Atypical endometriosis



ARID1A mutations
PIK3CA mutations
MET overexpression
HNF-1 β overexpression
etc

OCCC



Malignant transformation
Stem cells





HE4 might be a more useful tumor biomarker to detect malignancy in patients with ovarian endometrioma when malignancy is suspected

- WHEN OVARIAN MALIGNANCY IS SUSPECTED IN PATIENTS WITH **OVARIAN ENDOMETRIOSIS**, **HE4** IS A MORE USEFUL TUMOR BIOMARKER TO DIAGNOSE **OC WHEN ULTRASONOGRAPHY RESULTS ARE INCONCLUSIVE**.
- IN PATIENTS WITH OVARIAN ENDOMETRIOSIS AND **SUSPECTED MALIGNANT ADNEXAL MASSES**, **HE4** IS A MORE USEFUL TUMORAL BIOMARKER TO DIAGNOSE OC WHEN ULTRASONOGRAPHY RESULTS ARE INCONCLUSIVE.

Ovarian endometriosis

Hyperplasia

Simple

- equal proportion
of glands and
stroma

Complex

- significant glandular
proliferation and
reduced stroma

Atypia

(transition from benign
endometriosis to carcinoma)

Moderate

- simple hyperplasia
- cellular atypia

Severe

- complex hyperplasia
- more evident cellular atypia

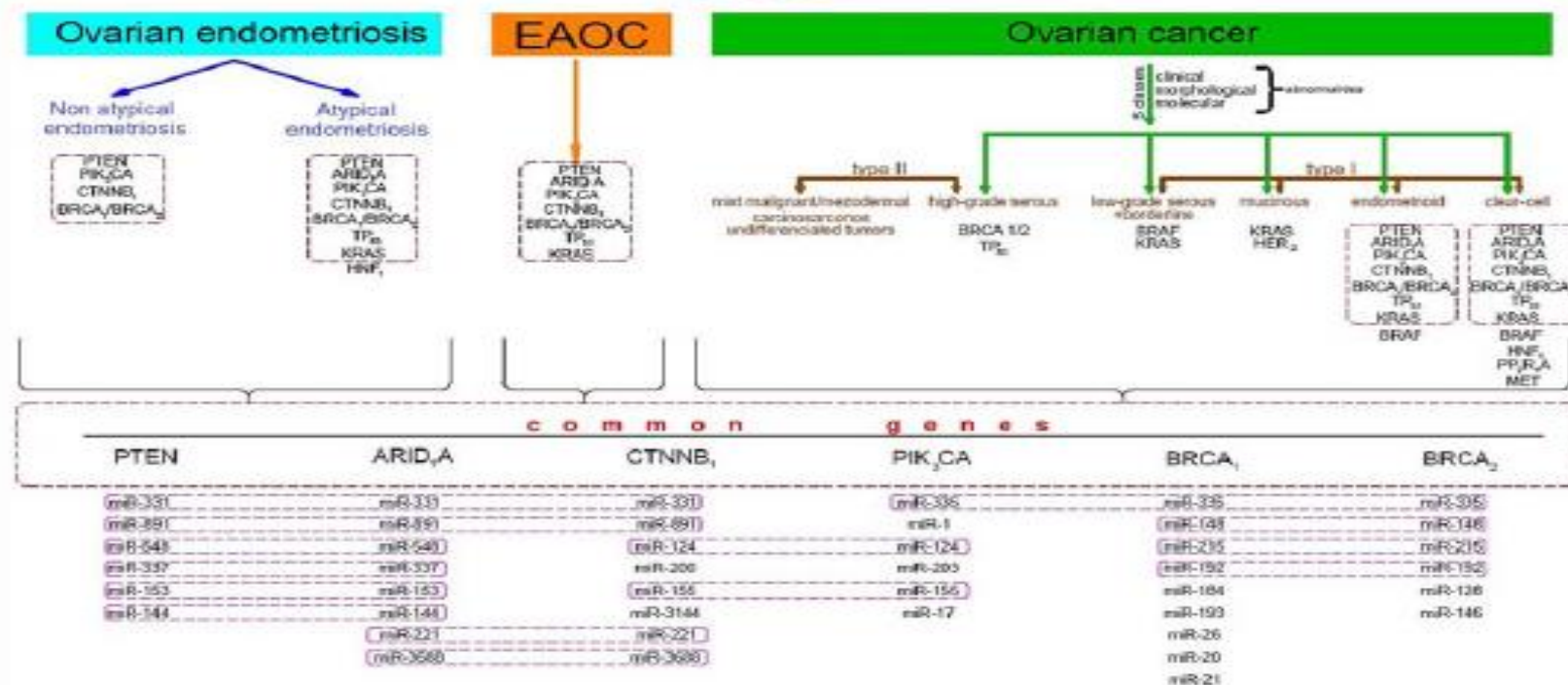
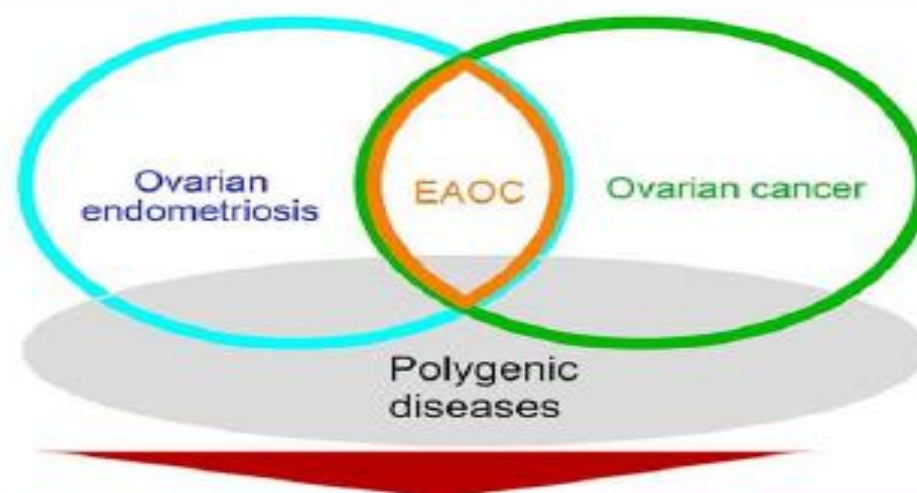
Ovarian cancer

Endometrioid
carcinoma

Clear cell
carcinoma

EOAC

- coexistence of cancer cells and endometriosis in the same ovary, cancer in one ovary, endometriosis in the second ovary, ovarian cancer and pelvic endometriosis
- a similar histological pattern
- exclusion of a second malignant tumor elsewhere
- histology-proven transition from benign endometriosis to cancer





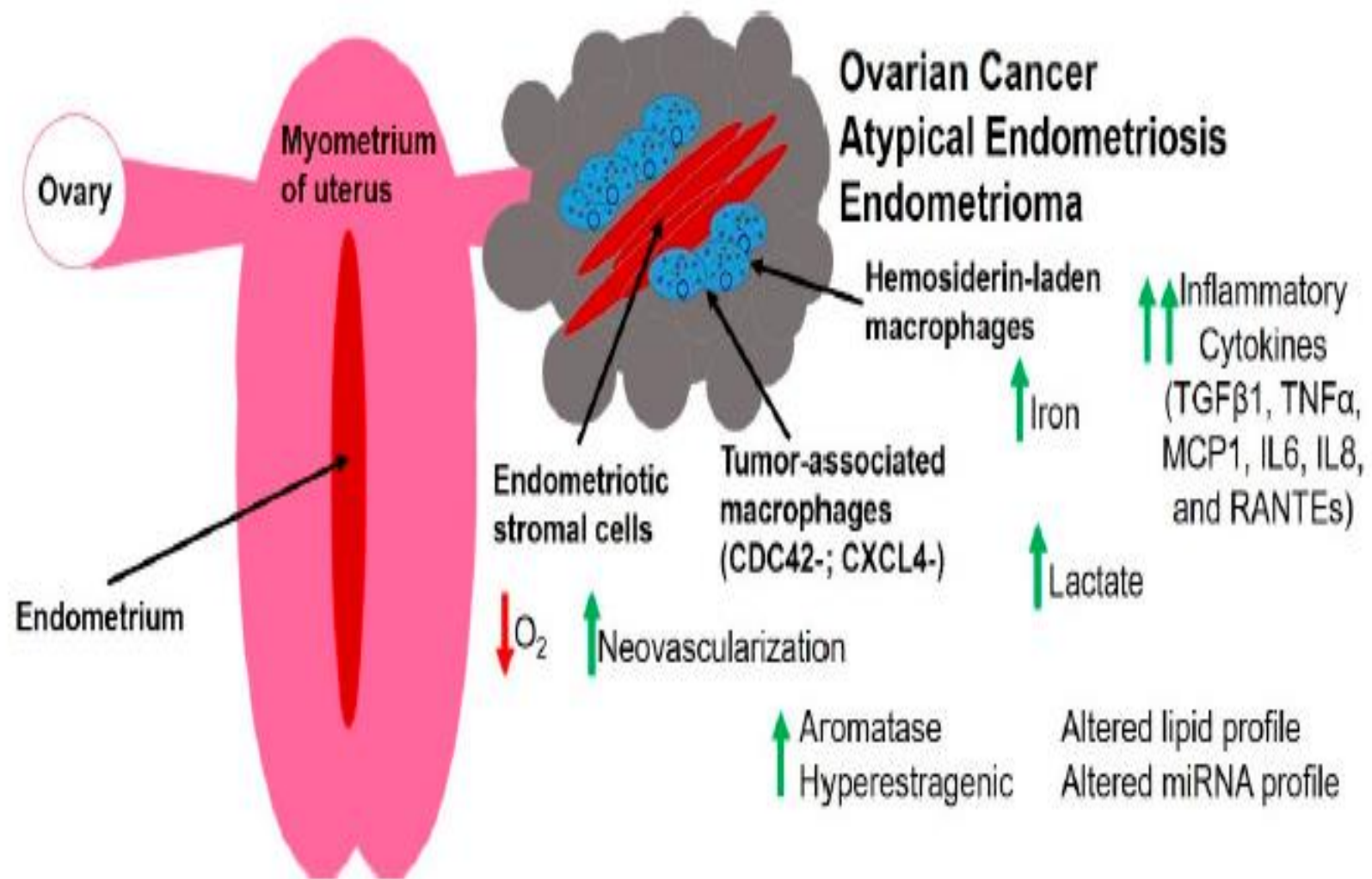
Predictors of pretreatment CA125 at ovarian cancer diagnosis: a pooled analysis in the Ovarian Cancer Association Consortium

- **Older age, history of pregnancy, history of tubal ligation, family history of breast cancer, and family history of ovarian cancer** were associated with higher Ca125 levels while **endometriosis** was associated with lower ca125 levels.
- **High BMI** and race may influence **Ca125 levels** independent of tumor characteristics.

Review

The Endometriotic Tumor Microenvironment in Ovarian Cancer

- Women with endometriosis are at increased risk of developing ovarian cancer, specifically **ovarian endometrioid, low-grade serous, and clear-cell adenocarcinoma**.
- Whether endometriosis-associated ovarian cancers develop from the **molecular transformation of endometriosis** or develop because of **the endometriotic tumor microenvironment remain unknown**.
- The unique tumor microenvironment of endometriosis is composed of epithelial, stromal, and immune cells, which adapt to survive in **hypoxic conditions** with **high levels of iron, estrogen, and inflammatory cytokines** and **chemokines**.
- Understanding the **unique molecular features of the endometriotic tumor microenvironment** may lead to impactful precision therapies and/or modalities for prevention.





Use of tumor markers to distinguish endometriosis-related ovarian neoplasms from ovarian endometrioma

- The assessment of serum **Ca19–9, CEA, SLX,** and **LDH levels** may be a useful tool in **the preoperative evaluation** to differentiate between endometriosis-related ovarian neoplasms and ovarian endometrioma.
- **Endometriosis-related ovarian neoplasms** was more likely to have **higher levels of CA19-9, CEA, SLX, and LDH** when compared with **Ca125**.
- **Ca125** levels **did not significantly differ** between the two groups.
- **Age, tumor size,** and the presence of **mural nodule** were important factors in the **preoperative prediction of endometriosis-related ovarian neoplasms.**

